Hip-Hop Dance: The Culture, Philosophy, and Practice of B-Boying / B-Girling / Breakin’

Course Syllabus

“Frankly, it is rare to see academic scholarship that takes hip-hop’s own intellectual principles seriously (as opposed to taking hip-hop seriously as an object of intellectual inquiry).” - Joseph Schloss, author of “Foundation”

The objective of this course is to help students explore physically, intellectually and spiritually what it means to be a b-boy or b-girl. Students will 1) connect with the music and culture of hip-hop, 2) develop kinesthetic knowledge and original style, and 3) critically explore the significance (personal, communal, etc.) of b-boying/ b-girling/ breakin’. Students are challenged to cultivate their personal perspective as b-boys/b-girls/breakers themselves (as opposed to “observers of hip-hop dance/culture”). Along the way, we will hear out many pioneers of this dance, as well as many other relevant cultural and intellectual voices to engage critically, empathetically and authentically with the true nature and practice of hip-hop dance.

What is the cypher? How can I find my style? Why do we battle? What does hip-hop dance truly mean? This course is a journey into real breaking, and how b-boys, b-girls, and breakers manifest the spirit hip-hop through its original dance.
Major Themes & Motivating Questions

- **Hip-hop Culture:**
  - Where does hip-hop come from? Culturally? Musically?
  - What is the significance of this dance/culture to its pioneers? To today's b-boys/b-girls? To yourself or other students? To the younger generation?

- **Identity through Authentic Movement:**
  - What is style? How can I create my own style?
  - What does it mean to dance with integrity?
  - How can dance help us understand/shape identity?
  - What does it mean to be a b-boy or b-girl?

- **Aesthetics:**
  - What does “flow” mean? Where does flow come from?
  - What does it mean to have a “fresh style”? How does our dance connect with music?
  - Why do we “flip” moves? Why is “biting” considered “wack”?
  - What does it mean to be original? To be authentic? To be self-critical?
  - Can art be scientific?
  - What do our aesthetic principles reflect about life outside of dance?

- **Community and Tradition:**
  - Where do hip-hop communities exist?
  - What does it mean to practice? With community? Solo sessions?
  - Why and how do we pass down knowledge? What knowledge do we pass down?
  - How does personal identity shape communal identity?
  - How does community influence sense of self?
  - What are jams? What are cyphers? Why do we battle?

- **Public Perception and the Evolution of Hip-hop:**
  - What has been the impact of media on public perception and the internal evolution of hip-hop dance/culture?
  - Is hip-hop “taken seriously” as an art/culture? By whom? Why?
  - What is the future of b-boysing b-girling/ breakin’? Of hip-hop culture?
  - Who determines what “hip-hop” is?
Class Format

Each class is divided into three sections; 1) group discussion; 2) movement lesson; and 3) free practice. First, we discuss assigned readings and videos together as a class. Then, we bring our discussion to the floor to learn new skills, vocabulary, concepts, or approaches, usually in connection with the week’s discussion topic. At the end of each class, the floor is open for free practice, discussion, collaboration, etc. This way, there is a chance for us to interact with the material for our own curiosity and purpose. Free practice concludes with a group dance activity (battle, cypher, practice game, etc.) before the end of class.

Additional Information on Class Activities

Open Discussion

Class begins in the circle, where we discuss weekly readings and viewings (historic dance battles, interviews with dancers/ intellectuals/ cultural activists, excerpts from texts, etc.). Ask questions that are meaningful, personal, and critical. What does Hip-hop mean to you? What is the significance of battling with a style you practice daily? Did you notice a unique connection between the music and the dance? What are the socio-cultural implications of practicing and celebrating hip-hop?

Movement Workshops

Students will learn a unique vocabulary of movement (ranging from toprocks, to floor rocking, to freezes, to blow-up moves), and develop personal style through breakin’. Each class, the instructor will introduce new movements, concepts, and challenges. Students will then workshop the lesson individually, with the instructor, or in small groups. Throughout the course, each student will create his/her own path based on foundational movements (described below in “movement groupings”), and experiment to develop rhythm, kinesthetic awareness, and an original, authentic sense of style.

Battles, Cyphers, and Group Dance Activities

Just as important as learning the movement itself, we will practice dancing within the context of hip-hop’s metaphorical-critical practices: dance circles and battles. In dance circles (or cyphers) students form a circle and take turns expressing and practicing moves in the middle. In battles, students represent styles and test skills in a challenge-response setting with one another in either 1-vs-1 or crew-vs-crew settings. Aside from battles and cyphers, we may play different practice games (“B.R.E.A.K.”, “Bing”, etc.) to challenge each other physically and creatively.
Grading
Grades will be determined as follows:

- Participation (Discussion & Movement): 15%
- Weekly Discussion Questions: 7.5%
- Weekly Reflection Journals: 7.5%
- Movement Assessments (2): 20%
- Response Papers (4): 25%
- Final Paper: 10%
- Mock Jam (Final Assessment): 15%

Assessments & Assignments
There are four types of assignments in this class; 1) discussion questions for assigned readings/viewings; 2) weekly reflection journal; 3) themed response papers; and 4) movement assessments.

- **Discussion Questions** on required readings/viewings. Provide three thoughtful questions (each week) based on assigned readings/viewings.
  - Due online 24 hours before start of class
  - Ask original/thought-provoking questions and seek meaningful connections
  - Relate questions to course themes

- **Weekly Reflection Journal.** Consider your experiences in class. What new moves did you discover? Did you create any new connections? What was most interesting to you? Did you get to practice outside of class? Did you join a cypher or battle? Also, feel free to expand on any questions raised in class, or one of your own discussion questions. (1 page)
  - Due by the beginning of following class
  - Consider in-class experiences
  - Engage critically with each class’s content/theme.

- **Response Papers.** There are five response papers: four corresponding to the four thematic sections of the course (2-3 pages), and one final paper (5-6 pages).
  - Give organized, thoughtful, empathetic responses to the prompt.
  - Draw on material from readings, viewings, class discussion, and personal experience. Seek connections between different sources.
  - Include citations from at least four assigned readings/viewings or other relevant material (for final paper, cite at least eight different sources). Use MLA format.
Response Paper Prompts:

#1 History and Foundations (due by week 4)
- Choose a song discussed in class or from assigned viewings and discuss. What do you think is the meaning of the song? How might your chosen song relate to your own life experiences? How might this music be significant to the pioneers of this dance? To present-day b-boys/b-girls? What is valuable about relating to music through dance/breakin’?

#2 B-boy Virtues, Principles, and Philosophy (due by week 7)
- Consider any two principles or teachings discussed in class (originality, musicality, character, authenticity, flow, “something-from-nothing”, freestyle, rawness, flava, “knowledge of self”, skills, “don’t play yourself”, “each-one-teach-one” etc.). Give a clear definition of both elements, and consider the relationship between them. Do these principles/teachings originate from the same intention? Does the development/practice of one impact the other?

#3 Community Spaces and Practices (due by week 10)
- Consider the formation of local crews/communities and the self-critical practices of battles and cyphers. What knowledge is passed on through these traditions? How? Is this important knowledge to share? Why/why not? How does community influence personal identity? How does personal identity impact community?

#4 Tradition, Media, and Globalization (due by week 13)
- Choose one form of media (television and movies, social media, dance-specific video channels, etc.), and consider the representation of hip-hop dance/culture in that media. What population interacts with this media? Does your media source represent hip-hop dance/culture accurately? Why or why not? What forms of knowledge are communicated through your selected media? What forms of knowledge are not?

(Final Paper Prompt on Next Page)

- **Movement Assessments** Students demonstrate their developing skills in various formats. You can schedule a meeting-time with the instructor for assessments, which will take place during the free-practice phase at the end of each class. Each assessment will be graded on the criteria described below.
  - Assessment 1: Basic Vocabulary and Narrative Format (before week 5)
    - Format: choose between cypher, battle, or one-on-one showcase.
    - Organize movements in narrative format (e.g. “toprock-footwork-freeze”)
iii) Dance with the music.
iv) Incorporate at least 6 different moves learned in class, and at least 1 original/signature move.

○ Assessment 2: Battles/Cyphers(before week 10)
  i) Format: choose between cypher or battle.
  ii) Acknowledge the rules and expectations of chosen format.
  iii) For battles: each student will battle at least two rounds
  iv) For cyphers: each student will enter the cypher at least twice
  v) Organize moves in clear narrative format.
  vi) Stay on beat, and rock the music.
  vii) Incorporate at least 12 unique moves learned in class, and at least 3 distinct original/signature moves.
In addition to the **final paper** (due by the end of the semester), there will also be one **final assessment** (in-class “mock jam”, during week 13).

**Final Paper (due by end of semester)**

*Choose one of the following Prompts*

**Prompt #1:** In the b-boy/b-girl community, there are many who consider breakin’ to be “more than a dance”; breakin’ is spiritual... a community... a metaphor and way of life. How is breakin’/hip-hop “more than a dance”? Why do b-boys/b-girls adopt this perspective? You may find there are many reasons.. (Self-honesty? Sense of community? “Truth”? etc.). Consider how different factors relate to one another and contribute to the significance many find in this dance/culture.

**Prompt #2:** Critically assess contemporary representation of hip-hop dance in american popular media. How does this compare with what you know of the “underground” practice, culture, and intention of the dance? What similarities/differences do you think are most significant? What is the future of hip-hop dance/culture? How will the introduction of “break dance” in the 2018 Youth Olympics affect the b-boy/b-girl community?

**Final Assessment: “Mock Jam” (in-class, week 13)**

On the final class of the semester, we will replicate a small jam by applying the knowledge we develop throughout the semester. Students participate in cyphers and organized battles, and demonstrate skills and understanding developed throughout the course. During cyphers and battles, students demonstrate their understanding of cultural rules and expectations of each format, organize cypher/battle rounds in a clear narrative format, and incorporate at least 15 unique movements throughout the assessment (including no fewer than 3 original/signature moves). Extra credit points are available for students who are particularly outgoing in cyphers, participate in “call-out” battles, demonstrate an original/spontaneous style, execute “commandos” (transitional partner routines) with other students in the context of battles or cyphers, and so on. Most of all, this “assessment” is about having fun, challenging ourselves/each other, and rocking with meaning.
Battle / Cypher Guidelines:

1. Always bring respect, honesty, and positivity
2. One dancer in battle/circle at a time (except for partner routines)
3. No unwanted “touching” of opponents or other dancers
4. Avoid repeating moves
5. “No biting”; strive to be original, and don’t copy another dancer’s moves
6. If utilizing commandos/routines, execute them correctly
7. If utilizing cultural gestures, execute them at proper time/place
8. Relate to the music
9. Never give up! If you make a mistake, work it out to the best of your ability.
10. Express your character, let your movement be meaningful, and have fun!

Vocabulary Groupings

*Toprock 1 = Cross Step, Side Step, Brooklyn Rock, Slide Step
*Toprock 2 = March Step, Indian Step, Drop Science, Corkscrew, Jumping Thread

*Footwork 1 = CC, Kickout, Shuffles, Zulu Spin, Six Step, Helicopter
*Footwork 2 = 2 Step, 3 Step, 12 Step, Threads, Shapes, Hooks
*Footwork 3 = Back Rock, Knee Rock, Reverse Helicopter, Sit-down Sweep
*Footwork 4 = 4 Step, 7 Step, Peter Pan, Pretzel, Legwork

*Freeze 1 = Baby Freeze, Chair Freeze, Shoulder Freeze, Turtle Freeze, Handglide Freeze, L-Kick
*Freeze 2 = Headstand, Handstand, Elbow Freeze
*Freeze 3 = Airchair, Airbaby, Hollowback, Invert

*Power 1= Backspin, Horse, Swipe, Coin Drop
*Power 2 = Handglide Spin, Crickets, Turtle Walk, Headspin, Windmill
*Power 3 = Flare, 90, Shoulder Spin, UFO, Elbow Spin

*Blowup 1 = Kipup, Cartwheel, Broncos, Somersault
*Blowup 2 = Head Slide, Handspring, 1-hand/elbow Cartwheel, Handhop
*Blowup 3 = Splashes, Suicides, Roll-backs
Movement Lessons

Stretching and Basic Techniques
- Stretches, emphasis on wrist strength
- Placement of body, feet, hands
- Placement of weight
- Basics of timing and form

Narrative Structure
- Toprock-floorwork-freeze / Beginning-middle-end

Circle
- Introduction to cypher/dance circle. Gather in dance circle and take turns in the middle.

Musicality and Interpretation
- Finding the Rhythm
- "Hitting" Beats
- Relating to Music
- Rocking the Music

Emotional Content and Signature Moves
- Relating with life experiences
- Movement metaphors
- Finding Strengths and Ideas
- Summarizing Style
- Logical-Emotional Reference Points

Original Thought and Flipping the Basics
- "Biting"
- Elaborating on Natural Ideas/Movement
- Concepts (threads, shapes, hooks, slides, spins, weight placement, speed, gestures, etc.)
- Spatial Awareness

Flow, "Mistakes", and Limitation/Creativity Exercises
- Following physical flow potential of movements
- Interpreting unintentional movements
- Unique challenges ("octagon", one-handed footwork, etc.) and creative solutions
- How does challenge affect flow?

Body-Thinking and Connecting Movements
- Conversational, metaphorical movement exploration
- Connecting, transforming previous ideas and signature movements

Cyphers and Commandos
- Cypher flow and transition-routines between dancers

Battle Exercises
- "Batting yourself" and Partner battles
- Staying Fresh, "No Repeating"

Creating / Joining Circles
- Multiple circles, entering new circles
- Creating circles from similar movements/concepts

Advancing Foundation / Transition Potential
- Breaking down movements, creating patterns, and reverse-flow transitions

Advancing Combos - Dynamic Entrances / Endings
- Stringing hardest moves together to make strong statements

Cyphers, Call-out Battles
- True call-out battles in continuous cyphers
Weekly Readings, Discussion Topics, and Lesson Plans

Weeks 1-3: History & Foundations

1 - Origins of Hip-Hop: History, Socio-economic Circumstances, and Cultural Influences
2 - The Musical Aesthetics and Canon of Hip-Hop Dance
3 - "Knowledge of Self": B-boy/B-girl Names, Spirituality, and Creating Identity

Weeks 4-6: B-Boy Virtues, Principles, & Philosophy

4 - Thought-Feeling: Freestyle / Originality / Authenticity
5 - Character and Flow: Struggle / Adaptation / Skills
6 - Each-one-teach-one: Passing Down Knowledge

Weeks 7-9: Community: Practice and Jams

7 - Crews and Community Practices
8 - Battles and Cyphers
9 - Jams and Events

Weeks 10-12: Tradition, Media and Globalization

10 - Tradition, 90s-era, and Local History
11 - SYTYCD, ABDC, and Popular Media
12 - Globalization, New-Gen, and the 2018 Youth Olympics

Week 13: End-of-Class Mock Jam
## WEEKLY READINGS, DISCUSSIONS, AND MOVEMENT LESSONS

<table>
<thead>
<tr>
<th>Week #</th>
<th>Topic &amp; [ Movement Lessons ]</th>
<th>Readings / Viewings + Assignments / Assessments</th>
<th>Assignments Due +New Vocabulary</th>
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Capoeira on Concrete 2017
[https://www.facebook.com/MovidosPelaCapoeira/videos/1839056559451516/]

Metaphors in Motion Excerpt

**Related Styles**
- **Popping:** Devious vs Rashaad at Electrosoul 7 (2015)
  - [https://youtu.be/qAmYw0FaVfA]
- **Locking:** P-Lock at Funkin Stylez Russia (2011)
  - [https://youtu.be/zXthh-vClM]
- **House:** Enock vs Kaylin at Rockers Rumble XI (2017)
  - [https://youtu.be/jrPBnGGLeFk]
- **“Studio” Hip-Hop:** Razz Choreography at Dance Fusion Recital (2010)
  - [https://youtu.be/Biievl8U_2U]

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### The Musical Aesthetics and Canon Hip-Hop Dance

**[Musicality and Interpretation]**

*Schloss, 17 - 39*

- "History, Community, and Classic B-Boy Records"

*Ken Swift Interview Strife.tv*

- "Research Your Music"
  - [https://youtu.be/oppMir_SkiA]

*Poe One on Struggle of Music*

- [https://youtu.be/xjVFZv8mU1M]

*Storm on Musicality and Continuing Heritage*

- [https://youtu.be/v8SDzIUaYY]

**Classic Anthems**

*Listen to the songs below*

**The Jimmy Castor Bunch - Just Begun**

- [https://youtu.be/WylCcdTrzS4]

**Babe Ruth - The Mexican**

- [https://youtu.be/CZFCokoQzMM]

**The Incredible Bongo Band - Apache**

- [https://youtu.be/WY-Z6w6m6TMQ]

**Marvin Gaye - T Plays It Cool**

- [https://youtu.be/wof5qoR147A]

**James Brown**

- *Give It Up Or Turn It A Loose*
  - [https://youtu.be/921kqkHOHDo]
- *Get on the Good Foot*
  - [https://youtu.be/6Y1cXYMf1dk]
- *Get on Up*
  - [https://youtu.be/BCCkb6k_aow]

*The Freshest Kids Clip:*

- 54:09 - 56:40
  - [https://youtu.be/RxoWyGFSGuk?t=54m49s]

Digging and Sampling:

**DJ Shame - Worcester, MA**

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### Discussion Questions

**Journal Log #1**

+Toprock 2
+Power 1
<table>
<thead>
<tr>
<th>Beatmaking: Soul Sample into Hip-Hop Beat</th>
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<tr>
<td><a href="https://youtu.be/0ypDE8wuqCU">https://youtu.be/0ypDE8wuqCU</a></td>
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**Value of Finding COVERS**

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<th>Los Tios Queridos - Si Me Ves Volar</th>
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<tr>
<th>DJ Kyle - Si Me Ves Volar (Rare Cover)</th>
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**Scratching and Looping**

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<tr>
<th>The Get Down - “Flash” Looping Demonstration</th>
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<td><a href="https://youtu.be/fo2Hgz0vamU">https://youtu.be/fo2Hgz0vamU</a></td>
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<th>Beastie Boys - Ch-Check It Out</th>
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<td><a href="https://youtu.be/LYoPzWRk791">https://youtu.be/LYoPzWRk791</a></td>
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<tr>
<th>Peggy Lee - Sitting on the Dock of the Bay</th>
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<td><a href="https://youtu.be/jOc0kRo-hMc">https://youtu.be/jOc0kRo-hMc</a></td>
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<tr>
<th>DJ Fleg and DJ Ex Scratch Off - Circles 13 (2012)</th>
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<td><a href="https://youtu.be/7kefA3FlEJs">https://youtu.be/7kefA3FlEJs</a></td>
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<th>DJ Leacy - Bboy Bgirl Funk</th>
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<th>DJ Lean Rock - We Funk Mix</th>
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<td><a href="https://soundcloud.com/dj-lean-rock/we-funk-x-lean-rock">https://soundcloud.com/dj-lean-rock/we-funk-x-lean-rock</a></td>
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<tr>
<th>DJ Fleg - Classic Breaks Part 1</th>
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<tr>
<td><a href="https://soundcloud.com/octopusfleg/dj-fleg-classic-breaks-mix-1">https://soundcloud.com/octopusfleg/dj-fleg-classic-breaks-mix-1</a></td>
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**MUSICALITY in Battles**

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<tr>
<th>Over the Top 2 (2007) - Machine vs ATA</th>
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<td><a href="https://youtu.be/4by0izGmgI0">https://youtu.be/4by0izGmgI0</a></td>
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<th>Silverback Open (2016) - Ben Stacks vs Victor</th>
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<td><a href="https://youtu.be/y34TTpLCfqc">https://youtu.be/y34TTpLCfqc</a></td>
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<td><a href="https://youtu.be/CkNuH4YFUEE">https://youtu.be/CkNuH4YFUEE</a></td>
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<th>Kid David Killing the Beat at Claws Out III (2010)</th>
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<td><a href="https://youtu.be/pLMP8Oyfmy8">https://youtu.be/pLMP8Oyfmy8</a></td>
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**LOCAL EXAMPLES**

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<tr>
<th>Razz vs X at Mighty4 Connecticut (2010)</th>
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<td><a href="https://youtu.be/fOSS5Y5EY7I?t=2m26s">https://youtu.be/fOSS5Y5EY7I?t=2m26s</a></td>
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<th>Free-Rock at 3rd Eye Open (2012)</th>
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<td><a href="https://youtu.be/8GAyEPLXZv4?t=1m8s">https://youtu.be/8GAyEPLXZv4?t=1m8s</a></td>
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<th>Bang vs RTHYM at L.O.I. Bboy Throwdown 2 (2013)</th>
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<td><a href="https://youtu.be/65kVsnGXwYM">https://youtu.be/65kVsnGXwYM</a></td>
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“Knowledge of Self”: B-boy/B-girl Names and Creating Identity

Listen to at least one of the following albums

*Mos Def and Talib Kweli are Black Star
- https://www.youtube.com/watch?v=FjufuS5Ezw7E&list=PLepAAx3skof0AfTzx1vC4GYJWvb2-TU

*A Tribe Called Quest - The Low End Theory
- https://youtube.be/L1Zqol7ARc

* Pete Rock and CL Smooth - Lost & Found: Underground Soul Classics
- https://youtube.be/bQ0G7o0AE18

*Nujabes - Modal Soul
- https://youtube.be/WrO9PTpuSSs

* Gang Starr - Moment of Truth
- https://youtube.be/6wt1r2erdHk

Spiritual/Life Perspectives

* Marlon Lizama - “My Life is Freestyle”
- https://youtube.be/be5iRrG7jgs

* Remind - Ways of the Bboy
- https://youtube.be/70cxgbWeOZA

* “When ‘religion’ judges hip-hop culture…”
- https://youtube.be/Hbj88pTEGbc

* The Bboy Identity: An Interview With Christopher Woon
- http://asiapacificarts.usc.edu/w_apa/showarticle.aspx?articleID=17367

* KRS-One on The Consciousness of Hiphop
- https://youtube.be/AKZp4uyvhh8

* Jiddu Krishnamurti: Excerpt from Public Talk in Ojai, California (July 9th, 1944)
- http://www.kinfonet.org/krishnamurti/quotes/throu175g17h-cont174stant-a175ware176ness-of-every-thought-feeling

B-Girl Identity

* BGirl Like a BBoy: Marginalization of Women in Hip-Hop Dance
  - https://scholarspace.manoa.hawaii.edu/bitstream/10125/101072/1/Fung_Jenny_r.pdf

Ana “Rokafella” Garcia - All the Ladies Say (Documentary Film 2010)
- https://youtube.be/DcyYtbhRB5Y

Narumi and Ayumi “Get Up and Dance!”

Ayumi - School Teacher and B-Girl
- https://youtube.be/9j2TTtxU0SA

B-Girl Terra and Eddie | BCTV Pro-File
- https://youtube.be/klBktp-R1U

What is a BGirl?
- https://youtube.be/SGVWBRQneubU

Bgirl News Podcast with Asia One
- https://youtube.be/p1VrKIMwYYk

Ami vs Roxy at Silverback Open 2017
- https://youtube.be/GJ73-WC2a7s

Kill vs Ayumi at Red Bull BC One 2017

Discussion Questions

Journal Log #2

+Footwork 2
### Weeks 4-6: B-Boy/B-Girl Virtues, Principles, & Philosophy

| 4 | Thought-Feeling: Freestyle / Originality / Authenticity  
[ Original Thought Flipping the Basics ] | * Ken Swift Interview at Rhythmic Damage 2011  
- [https://youtu.be/dJv3ucD_4VA](https://youtu.be/dJv3ucD_4VA)  
* Prince Ken Swift Mid-90s Legend  
* Poe One Interview in Sydney, Australia 2011  
- [https://youtu.be/gF_N7vFL8BQ](https://youtu.be/gF_N7vFL8BQ)  
* Poe One Korean Roc Dedication  
- [https://youtu.be/F78PJu_YPQ8](https://youtu.be/F78PJu_YPQ8)  
* Bboy Junior on Originality  
* B-boy Junior (Style2Ouf)  
- [https://youtu.be/_UeOdqjB_7k](https://youtu.be/_UeOdqjB_7k)  
* Ivan on Originality at Catch the Flava  
- [https://youtu.be/CbSACcuGypY?t=7s](https://youtu.be/CbSACcuGypY?t=7s)  
* Bboy IVAN (Urban Action Figure)  
- [https://youtu.be/4ih4TcVI41c](https://youtu.be/4ih4TcVI41c)  
* Trac2 on Flava  
- [https://youtu.be/YqTx6QUpmbY](https://youtu.be/YqTx6QUpmbY)  
* Thesis on Biting  
- [https://youtu.be/einHAVNjs0A](https://youtu.be/einHAVNjs0A)  
* Roxrite’s B-boy Concepts  
- [https://youtu.be/TD-oB5AW8K0](https://youtu.be/TD-oB5AW8K0)  
* Lil G vs Roxrite at Red Bull BC One 2011 World Final  
- [https://youtu.be/RS0mFARO1x4](https://youtu.be/RS0mFARO1x4)  
* Silverback Open 2016: Kuzya vs Lussy Sky  
- [https://youtu.be/ijqiQkpd6qM](https://youtu.be/ijqiQkpd6qM)  
- [https://youtu.be/g_hG3w-cHH8](https://youtu.be/g_hG3w-cHH8)  
* Ayumi & Thesis vs Uzee Rock & Tip Top T  
- [https://youtu.be/OXjFcEm_Lel](https://youtu.be/OXjFcEm_Lel)  
* Onton | “Supernaturalz Style: Flow, Complexity, & Originality”  
- [https://youtu.be/kaBBvTQMPcQ](https://youtu.be/kaBBvTQMPcQ)  
* “You Gotta Have Style” VHS Archive  
- [https://youtu.be/MMUYjTXR34](https://youtu.be/MMUYjTXR34) | Discussion Questions  
- Journal Log #3  
- Response Paper #1  
- +Freeze 2 |
| 5 | Character and Flow: Struggle / Adaptation / Skills | *Schloss, 94-106 |
|   |   | “B-boy Spaces” |
|   |   | *Concrete Battle at IBE 2014 - Piecez vs Tahu |
|   |   | https://youtu.be/JyxwAbde-kM |
|   |   | *Bboy Original: Lessons on the Importance of Hip-Hop Culture in the City |
|   |   | *ILL-Abilities |
|   |   | ILL-Abilities Artist Profile |
|   |   | http://breakinconvention.com/artists/ill-abilities-international |
|   |   | ILL-Abilities vs Waseda Breakers at Freestyle Session (2017) |
|   |   | https://youtu.be/iHY9NbaWbt4 |
|   |   | *Bboy Storm on Resistance and Success |
|   |   | https://youtu.be/NkRNz73MO40 |
|   |   | “You Know AT Got Flow” Bgirl AT |
|   |   | https://youtu.be/nRQ1yHZQ0Rg |
|   |   | *Interview with Bboy Thesis: On Depression, Dance, Life, and Battling Them on All Grounds |
|   |   | https://youtu.be/8KgtGs1ny0k |
|   |   | F3 vs Pocket: Octagon Battle at IBE (2010) |
|   |   | “With A Piece of Chalk” |
|   |   | https://youtu.be/mBZAFJ-Q6Mw |
|   |   | **Final Week for Movement Assessment #1** |
|   |   | Discussion Questions |
|   |   | Journal Log #4 |
|   |   | +Blowup 1 |

| 6 | Each-one-teach-one: Passing Down Knowledge | *Schloss, 40 - 67 |
|   |   | “Pedagogy” |
|   |   | *Born, “Music is the Key!”* |
|   |   | https://youtu.be/EMdxfpXjiOY |
|   |   | **Discussion Questions** |
|   |   | Journal Log #5 |
|   |   | +Footwork 3 |
| **[Body-Thinking and Connecting Movements]** | *Born, CityArts Workshop*  
- [https://youtu.be/oPfQnzdNm6U](https://youtu.be/oPfQnzdNm6U)  
*Philippine Bboy Documentary*  
- [https://youtu.be/icJUWulXqil](https://youtu.be/icJUWulXqil)  
- [https://youtu.be/gYKyaDOyUQ4](https://youtu.be/gYKyaDOyUQ4)  
*VincaniTV Online Tutorials (watch; one video from his channel)*  
- [https://www.youtube.com/user/VincaniTV](https://www.youtube.com/user/VincaniTV)  
*Kid’s Breakin Camp in Japan*  
- [https://youtu.be/d3Cp_WhAzQY](https://youtu.be/d3Cp_WhAzQY)  

**Extreme Crimea 2017 - Thesis Workshop/Interview**  
- [https://youtu.be/8ycLMfxlqkQ](https://youtu.be/8ycLMfxlqkQ)  
**Return of the Bboy - Venum, foundation**  
- [https://youtu.be/eGORiLbT9nU](https://youtu.be/eGORiLbT9nU)  
**Moy Interview on Break Free Community Center**  
- [https://youtu.be/azWuNkTANPA](https://youtu.be/azWuNkTANPA)  
**The Lab DC: Breakin’ School**  
- [https://youtu.be/8giXl_E4BYM](https://youtu.be/8giXl_E4BYM)  
**Andres Ramirez: The Funk Box Studio (Bboy School in Pittsfield, MA)**  
- [https://youtu.be/Ja27ciUNW0Q](https://youtu.be/Ja27ciUNW0Q)  
**Gang Starr - Robbin’ Hood Theory**  
- [https://youtu.be/VZriWapeNtM](https://youtu.be/VZriWapeNtM)  
- *Guru: “I seek Sun, deceive none for each one must teach one / At least one must flow and show the structure, of freedom”*

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**Weeks 7-9: Community and Practices**

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<th><strong>B-boy/B-girl Crews and Practices</strong></th>
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<td><strong>[Cyphers and Commandos]</strong></td>
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**Discussion Questions**  
**Journal Log #6**  
**Response Paper #2**  
+Power 2

| **Chang, 41 - 65**  
- "Blood and Fire, with Occasional Music: The Gangs of the Bronx” |
| **The Crew Code Series (intro + episode on any crew)**  
- [https://www.youtube.com/watch?v=hVtNbg_3Whw&list=PLtbJm1r1WateFqRdVnFQDESTJT_58veyd](https://www.youtube.com/watch?v=hVtNbg_3Whw&list=PLtbJm1r1WateFqRdVnFQDESTJT_58veyd) |
| **El Nino Interview at “Over the Top 5”**  
- [https://youtu.be/1UJ1OoTuwSys](https://youtu.be/1UJ1OoTuwSys) |
| **“Bboy Menno - The Art of Practise”**  
- [https://www.youtube.com/watch?v=B-OoYVeXAHY](https://www.youtube.com/watch?v=B-OoYVeXAHY) |
| **Brown University Open Practice 2017**  
| **Abstrak on Cyphers and Practice**  
- [https://youtu.be/z5pp0VdS9Bg?t=1m53s](https://youtu.be/z5pp0VdS9Bg?t=1m53s) |

**International & Local Crews:**  
**Style Elements Strife.TV Interview**  
- [https://youtu.be/6y2HgpWfy6U](https://youtu.be/6y2HgpWfy6U)  
**Squadron vs Jinjo at Fluido Jam 4 (2009)**  
- [https://youtu.be/-Ftv8n8IS1g](https://youtu.be/-Ftv8n8IS1g)  
**Del Fuego vs Hustle Kids at Massive Monkees Day (2017)**  
- [https://youtu.be/t8L_U_SkTJY](https://youtu.be/t8L_U_SkTJY)  
**United Outkast vs All City Rockers at Fundamental Skill (2014)**  
- [https://youtu.be/38_XXciF-NQ](https://youtu.be/38_XXciF-NQ)  
**Krazy 88s vs Floor Lords at TURBOMania (2014)**  
- [https://youtu.be/38_XXciF-NQ](https://youtu.be/38_XXciF-NQ)
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<th><strong>8</strong></th>
<th><strong>Battling and Cyphers</strong></th>
<th><em>Schloss, 107 - 124</em></th>
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<td><em>&quot;Battling&quot;</em></td>
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<td><em>Poe One: Battle Philosophy</em></td>
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<td><em>Cypher Etiquette Series</em></td>
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<td><em>Freshest Kids Clip on Battling</em></td>
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<td><em>Benji vs Menno “Call-Out”</em></td>
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**Discussion Questions**

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<td>+Blowup 2</td>
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| **INTERNATIONAL BATTLES:** |
|---|---|
| NYC vs Holland Call-out at Silverback Open | https://youtu.be/yAyi7_3nsyE |
| Drifterz vs Rivers at BOTY Korea 2006 | https://youtu.be/CNDyxAzBcA |
| Mind 180 vs AllTheMost/Top 9 at HipOpession 2007 | https://youtu.be/_a_kF00yJaA |
| Bgirl 7 To Smoke Hustle & Freeze 2017 | https://youtu.be/fx_x1SO46Fg |
| Body Carnival vs S.T.O. at Hustle & Freeze 2017 | https://youtu.be/xkOo2XgmWkA |

| **LOCAL BATTLES:** |
|---|---|
| Entering ShaoLynn 2017: Top 16 Battles | https://youtu.be/PWp1I7fKbRg |
| Born 2 Get Down 2016: Taylor vs Pop | https://youtu.be/zyRMTfj8PA |

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<th><strong>9</strong></th>
<th><strong>Jams and Events</strong></th>
<th><em>Maurizo on Jams</em></th>
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<td>Journal Log #8</td>
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[Creating / Joining Circles]

* Profo Won on Events/Cyphers
  - https://youtu.be/QHCPF5jz8GU
* Moy on Events
  - https://youtu.be/xqjivACO3gs

Event Footage:
* Watch at least one video from each section (International, Regional, and Local) Below

* International Events
  - Silverback Open 2016: https://youtu.be/rUgvYSzJ4Q4
  - IBE 2011: https://youtu.be/qToXxVOM4B0
  - Cypher Adkits Slovakia 2012: https://youtu.be/TmDxJ1asfNM
* Regional Events
  - Skillz-O-Meter 2017: https://youtu.be/RGa8D9eTtDE
  - Rock the Box 2015: https://youtu.be/sUeyRdx9160
  - RUTHless 2017: https://www.youtube.com/watch?v=LDc4XGRbueE&list=PLHV9AA4JgY_LEPexv2LkgfHxi489oCmE
* Local Events
  - Entering ShaoLynn 2017: https://youtu.be/r96-dXM40CU
  - Born 2 Get Down 2017: https://www.youtube.com/watch?v=qA6splays5Q&list=PLHV9AalJgY_JFxrUbZultGA3FN4JYP4J1
  - Swift Charakterz 10 Year Anniversary:
    - https://youtu.be/zeuCr5mlHm4
    - https://youtu.be/bFj4yNnX9qY
  - BreakEasy 2017: https://www.youtube.com/watch?v=T7Oxy-q1n7Y&list=PLHV9AalJgY_L2GJCoItS5T6dpqFUNm0U2
  - SpinFactor 2015: https://youtu.be/GK7UFRF5c9c
  - Collegiate Jam: Battle for Boston 2017
    https://www.facebook.com/events/129679891009686/

Community Outreach Events
Beat the Streets Rhode Island
- 2013 https://youtu.be/iPyNuW9b870
- 2012 https://youtu.be/-Q0eD84e9VA

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Weeks 10-12: Tradition, Media and Globalization

10  Tradition, 90s-era and Local History

   [Advancing Foundation Transition Potential]

* Schloss, 125 - 157
  - “From Rocking to Bboying” & “Conclusions”
* Ken Swift at Catch the Flava (2013)
  - https://youtu.be/01cnmöx2JFs?t=7s
* Fogarty, 56 - 79
  - “Transnational networks between dancers in the 1990s: Travelling dancers and circulating video artefacts”
* Style Elements vs HaviKoro (2001)
  - https://youtu.be/oy9N63dHxqg
Ken Swift V1 Battle Interview (2016)
  - https://youtu.be/43L7Toy0Mew

Almost Dope Documentary on Hip Hop in Rhode Island (2017)

---

Final Week for Movement Assessment #2
  Discussion Questions
    Journal Log #9
      Response Paper #3

+Footwork 4
| 1 | **SYTYCD, ABDC, and Popular Media**  
  
  *Advancing Combos - Entrances, Endings, and Blowups* |
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**Local Battles**

- Furious Rockers .. The Untold Story (2017)  
  - https://youtu.be/jb6XyQG3t3I

**Floorlords vs L.O.I. at Survival of the Illest** (1998)

- https://youtu.be/sMVqjdktAbI

**Ground FX vs Problems Kru vs Orphanage at Skillz 4 Billz** (2005)

- https://youtu.be/p2NMGZ3khW

**Swift Charakerz vs Problemz Kru at 3rd Eye Winter Jam** (2008)

- https://youtu.be/3OPyD2e7AeU

**Swift Charakerz vs All City Rockers at 3rd Eye Open** (2012)

- https://youtu.be/-sNECjurm_E

**United Outkast vs TRU Crew at Holiday Breaks** (2017)

- https://youtu.be/o54Fn8iW0PQ

**Turbomania: Tufts B-boy Jam** (2017)

- https://www.facebook.com/events/357758701273400/

**1990s/Early 2000s Bboy DVDS**

- U.K. Bboy Championships (1998)  
  - https://youtu.be/0Ac6eo2g2e8

- Freestyle Session 5 (1999)  
  - https://youtu.be/QNZshk20f5o

- Battle of the Year (2000)  
  - https://youtu.be/vgs1THyG3Q

**Discussion Questions**

**Journal Log #10**

- Blowup 3

**Chang, 129 - 134**

- “The Survival and Transformation of Bronx Style”

**Fogarty, 1 - 13 and 79 - 95**

- “The (un)popularity of street dances in popular culture” & “Underground videos and the circulation of ‘imagined affinities’ and transnational b-boy/b-girl culture”

**Tricia Rose - Hip Hop Futures: A Lecture and Discussion (clip)**

- http://www.cornell.edu/video/hip-hop-futures

- 12:40 - 17:11

**The Freshest Kids Clip | “Bboying vs Breakdancing”**

- https://youtu.be/RxoWyGFSGuk?t=56m37s

**“Battle of the Year” Movie Trailer**

- https://youtu.be/QibqRB9Gs9k

**“Battle of the Year” Movie Clip**

- https://youtu.be/03qTQSOGgF0

**Battle of the Year 2014 Finals**

- https://youtu.be/yimGp0XUcEE

**Amjad - Where’s the Vibe? Interview at Circle Prinz 2011**


**Best Street Dancers** So You Think You Can Dance Season 12

- https://youtu.be/_N9vxxW9Nik

IAmMe on America’s Best Dance Crew 2011
Jinjo Crew at R16 Korea 2012
- https://youtu.be/oNODlrlhjRE
Sachs, "Hip-hopsploration: Representing 1980s Hip-hop in Wild Style and Beat Street"

* Chang, pages 437 - 465
  - "New World Order"
* CNN “Breakdancing” in Youth Olympics
* Dyzee and Danny Seoul
  - https://youtu.be/E0vBPy0GDR0
* NY Times: Seoul’s Bumping Bboy Scene
* Old vs New | Groove Session 2017
  - https://youtu.be/V5kJx_p2Z7w
* Shake the Dust (Documentary on B-boying in Cambodia, Uganda, Yemen, and Colombia)
  - http://www.shakethedust.org

Tiny Toones: B-boying & Hip-Hop in Cambodia
- https://www.tinytoones.org
- https://youtu.be/-HYR5nP3-c0

Tapei Bboy City 2017 Youth Olympic Qualifier
- https://youtu.be/-c1Fm8zPSQM

Dyzee on Battles “Back in the Day”
- https://youtu.be/v1MEGv6FF1Q?t=17s

Silverback and UDEF Tour
- https://www.facebook.com/UDEFtour/posts/1160749847377068

B-boy Pocket at Silverback Open 2017
- https://youtu.be/9Dw6Jt7rIqo

BOTY 2017 Kid’s Crew Final: Lil Killaz vs Break Crew
- https://youtu.be/C6adckfIXS8

Clips from Breakin’ in 2018 Youth Olympics
- October 2018

**Week 13: End-of-Class Mock-Jam**

**Final Assessment:**
* End-of-class Mock-Jam
  - [ End-of-class Mock-Jam ]

**Journal Log #12**
* Response Paper #4
  - Mock-Jam (in-class)
  
  **Final Paper**
  - (due by end of semester)

**Discussion Questions**
**Journal Log #11**
+Power 3
Relevant Sources

“Asia One Interview | BOTY USA 2008.” *YouTube*, 26 Nov. 2008, youtu.be/gS4ONlZY8OE.


“Battle Philosophy with Poe One (Style Elements).” *YouTube*, 5 Nov. 2011,
youtu.be/h97OhL1sOHc.

“Bboy Alien Ness,FUNDATIONS VARIATIONS.” *YouTube*, 8 Aug. 2016,
youtu.be/11wH78RI6JY.


“The B-Boy Identity: An Interview with Christopher Woon.” *Asia Pacific Arts: The B-Boy Identity: An Interview with Christopher Woon*,
asiapacificarts.usc.edu/w_apa/showarticle.aspx?articleID=17367.

“Bboy Poe One Interview - Part 2.” *YouTube*, 4 June 2012, youtu.be/xJVFZv8mU1M.

“B-Boy Storm Footwork Fundamentals Full DVD.” *YouTube*, 28 July 2017,
youtu.be/vkQbGYootJ0.

“BBoy Storm on Musicality R16 Korea 2014 StrifeTV.” *YouTube*, 8 July 2014,
youtu.be/v8SDzlU1aYY.


“Bboys vs Gymnasts.” *YouTube*, 12 Dec. 2009, youtu.be/pSyY27t0lhA.


“Bgirl AT // Flow Mo Crew // Bboy & Bgirl Dojo | Interview Feature 1| #FSS2015 | #SXSTV.”


Calderon, JLove, and Asia One. *AsiaOne; Expect the Unexpected*. 11 Dec. 2013,

www.youtube.com/watch?v=N0CtjBVmB-k.


“Catch The Flava KNOWLEDGE - KEN SWIFT about JUDGING & RESPECT.” *YouTube*, 6 May 2013, youtu.be/0Icnmox2JFs?t=7s.


Dantas dos Anjos, Eliane. *Capoeira: Metaphors in Motion*.


“Dyzee Supernaturalz - ‘The Essence of Thread Styles’ (Flow, Complexity, & Illusions).”

*YouTube*, 1 Aug. 2013, youtu.be/v0T75woCukM.

Ellis, Ralph. “Breakdancing Added to Youth Olympic Games.” *CNN*, Cable News Network, 10 Dec. 2016,


Fogarty, Mary. “‘What Ever Happened to Breakdancing?’: Transnational b-Boy/b-Girl Networks, Underground Videos and Imagined Affinities.” *Academia.edu*,


Garcia, Ana Rockafella, director. *All the Ladies Say*. 2010.


“Grand Master Flash " Be In Th Moment...Yes" The Get Down.” *YouTube*, 11 Sept. 2016, youtu.be/fo2Hqz0vamU.
“HaviKORO vs Style Elements - Lords of the Floor 2001.” *YouTube*, 18 June 2009,
youtu.be/oy9NCdHzxqg.

“I.aM.mE Compilation Week 1-10 (HD).” *YouTube*, 4 June 2011, youtu.be/Z3YJPXbeAMo.


“IBE 2014 | Return Of The Bboy Concrete Battle | Piecez Vs. Tahu.” *YouTube*, 9 Aug. 2014,
youtu.be/JyxwAbde-kM.

“Ill Abilities vs Waseda Breakers - Freestyle Session 2017.” *YouTube*, 13 Nov. 2017,


“Influences | BBOY TUTORIALS | Remind | STRIFE.TV.” *YouTube*, 30 Apr. 2012,
youtu.be/wO70BugDKcE.

youtu.be/6Y1cXYMEmDk.


“JAMES BROWN & THE J.B.'S - GIVE IT UP OR TURN IT LOOSE. LIVE TV

“James Brown- Give It Up Or Turn It a Loose.” *YouTube*, 12 Nov. 2010,
youtu.be/921kqkHOHDo.


“Jinjo Crew Performance @ R16 Korea 2012.” *YouTube*, 8 July 2012, youtu.be/oNODlrlhIRE.


“MCs vs Rappers from The MC DVD.” YouTube, 10 Apr. 2008, youtu.be/t1bRIIKuaZ4.

“MCs vs Rappers from The MC DVD.” YouTube, 10 Apr. 2008, youtu.be/t1bRIIKuaZ4.

“Mind 180 vs All The Most/Top 9 part1.” YouTube, 8 Aug. 2007,youtu.be/_a_kF0ovJaA.


“A NEW FLEXIBLE FURY by BBOY BENJI (DIVISION ALPHA KINGZ) WWW.BBOYWORLD.COM (by USINE 2 PROD)” YouTube, 26 Apr. 2013, youtu.be/p7JnF7i59uE.


“The Olympics Borrows A Move From Hip Hop // .Stance.” YouTube, 9 Aug. 2016,
youtu.be/MBXxXPR40O0.


“Pocket's Set at Silverback Open 2017 ► .Stance ◄.” YouTube, 13 Oct. 2017,
youtu.be/9Dw6Jt7rlqo.

“POE ONE Talks about Modern Bboying and Originality.” YouTube, 21 Jan. 2011,
youtu.be/qf_N7vFL8BQ.


www.youtube.com/watch?v=hVtNbg_3Whw&list=PLtbJmr1WtateFqRdVnFFQEGTJ_58veyd_.

“Research Your Music | KEN SWIFT | Strife.tv | McMaster Sessions.” YouTube, 26 Nov. 2012,
youtu.be/oppMi_r_SkiA.

“Return of the BBoy - Interview with Maurizio.” YouTube, 26 Aug. 2012,
youtu.be/ouPnbqcHsPQ?t=1m33s.

www.cornell.edu/video/hip-hop-futures.

“ROXRITE (USA) vs UZEE ROCK (Ukraine) | R16 Korea 2012 World Finals Bboy Solo | Quarter Final.” YouTube, 7 July 2012, youtu.be/5D8JCVdzO2c.

Sachs, Aaron D. “Hip-Hopsploitation: Representing 1980s Hip-Hop in Wild Style and Beat Street.” MediaCommons, 3 Sept. 2012,
*Cleveland Scene*, Cleveland Scene, 15 Jan. 2018,


“You Know AT Got Flow - Bgirl AT / Flow Mo Crew.” *YouTube*, 1 July 2014,
youtu.be/nRQLvHZQ0Rg.